



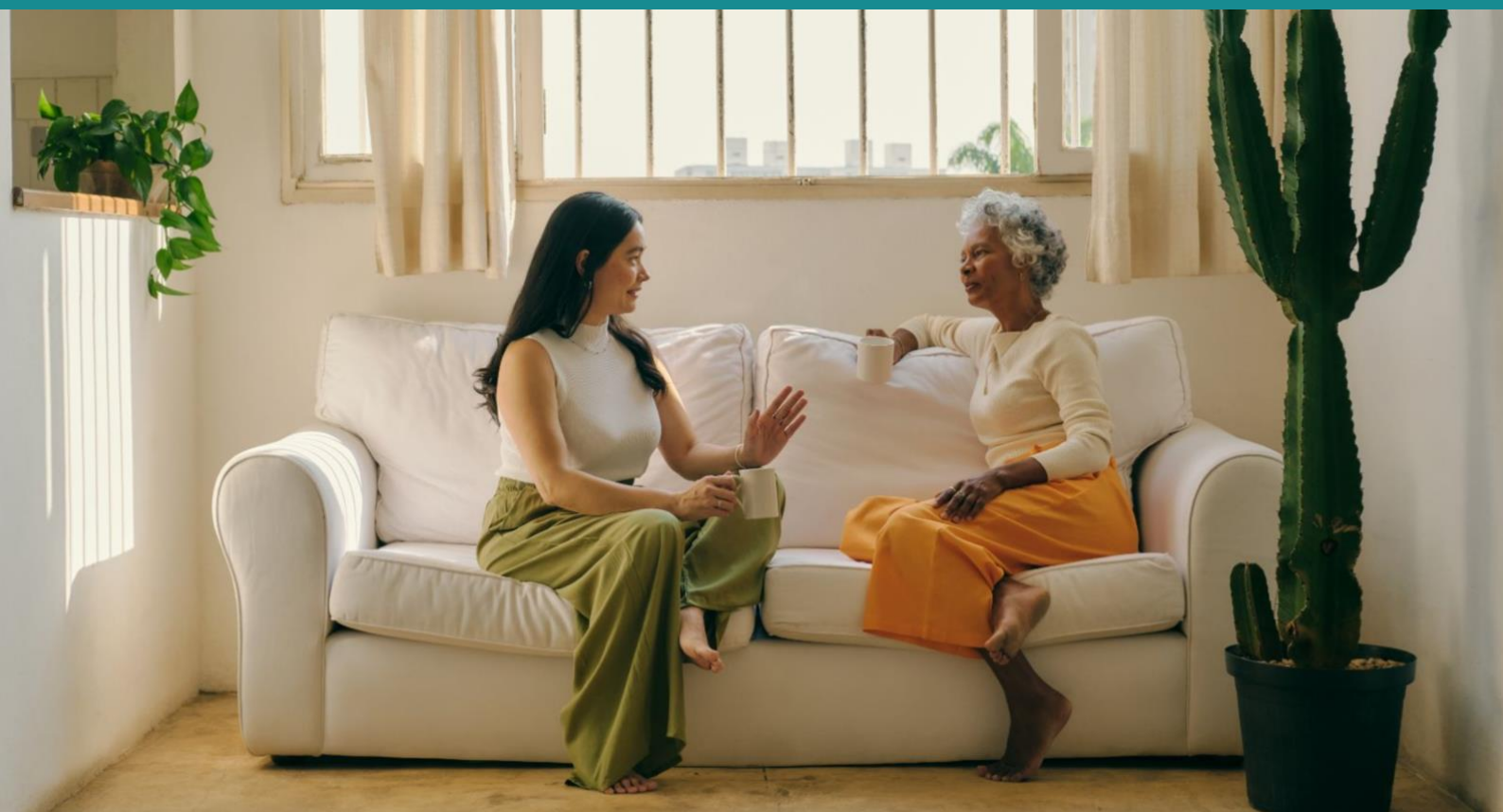
**Annual Impact Review  
2023-2024**

# Rising to the Challenge - The Need

In 2022, England and Wales saw a 17% rise in the number of abortions carried out, with 251,377 abortions being performed<sup>1</sup>. Although the pandemic has created a substantial delay in the release of official statistics, it is clear to see that the cost-of-living crisis continues to impact women's pregnancy choices, as the number of pregnancies ended continues to grow.

One in three women will terminate a pregnancy by the time she's 45<sup>2</sup> and we believe that each of these women, and their partners, deserve professional levels of compassionate and non-judgemental support whilst they make their decision and following their decision.

This is what drives us to support local centres as they continue to meet the great need within their communities.



Statistics:

<sup>1</sup><https://www.gov.uk/government/statistics/abortion-statistics-for-england-and-wales-2022/abortion-statistics-england-and-wales-2022>

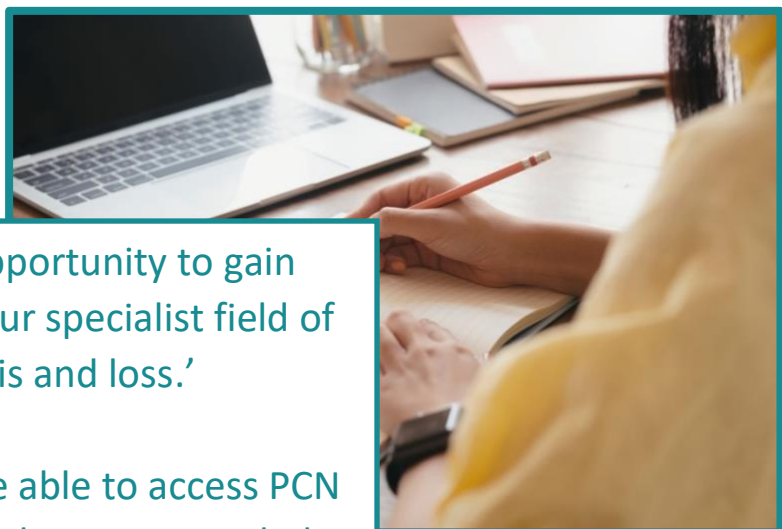
<sup>2</sup> <https://www.bpas.org/abortion-care/considering-abortion>

# Rising to the Challenge - Our Training

During 2023/24, PCN continued to teach its externally recognised, level 3 accredited training courses and increased our efficiency and effectiveness by implementing a new applications process. This has equipped a further 24 practitioners to provide support to those facing a pregnancy crisis, and a further 11 practitioners to offer post-abortion support.

Our Training Lead has also begun to develop an additional baby loss module to expand our training offering even further. We are excited to know that this will further equip centres and practitioners in their support of those struggling following a pregnancy loss through miscarriage or still birth.

Finally, we have also continued to offer Continued Professional Development Sessions for practitioners to keep their skills and knowledge current and up to date. These have been attended, on average, by 26 practitioners each time and cover a broad range of topics such as 'Medical PTSD', 'How women experience counselling following a miscarriage' and 'Reproductive constraint and coercive control'.



'This is a fantastic opportunity to gain additional training in our specialist field of pregnancy crisis and loss.'

'It is really helpful to be able to access PCN CPD sessions to enrich the ways I can help my clients.'

- **CPD session attendees**



# Rising to the Challenge – Fundraising and Supporter Engagement

This year we have felt the ongoing impact of the cost-of-living crisis and have experienced some of the challenges faced by many small charities during this time. Despite this, we have been so thankful for the continued encouragement we have received from our amazing supporters and donors who helped us to raise over £26,000 in one-off donations throughout the year through various campaigns and sponsored events.

We are also thrilled to have seen an increase in regular giving, both from centres and individuals, and have completed preparations for our 'Hope Bringers' Campaign, to inspire new regular givers. This will increase our sustainability moving forward, but will remind our regular supporters that this is exactly what they are: Hope Bringers.



PCN staff and trustees were able to raise financial support at the same time as offering prayer support to local Centres through our fifth 'prayer trek'. We walked the distance it would take to travel between each of the pregnancy centres in the UK whilst praying for their work.



We have also **supported centres during the cost-of-living crisis** by offering grants to help them access training as well as providing online sessions and conference seminars which include tips for fundraising.

Finally, we were excited to raise awareness of PCN and local centres within the church when we held an exhibition stand at the 'Awaken' Christian conference. It was a great chance to speak with people from across the Ground Level Network of churches about the work we do.



One of our trustees, Celia Wyatt, also had a brilliant opportunity to speak at the Keswick Convention about how Christians and the Church can respond to the issue of pregnancy crisis and abortion. You can watch this talk by clicking the link below:

**[Keswick Lecture: The Unborn Human](#)**

# Rising to the Challenge - Building the Community

Throughout the year, PCN has worked hard to put some new processes in place to help build the community of centres who make up our network. This includes introducing a new data-gathering system, making it easier for centres to share all that they are doing in their local areas. We have also been in communication with centres to develop an Alignment document to clarify the shared set of principles that centres follow, even when working in a vast range of unique situations.

We continue to develop relationships between centres by hosting Centre Leader and Centre Trustee Forums, enabling those involved with the work to share, inspire, and learn from one another and have also spoken with several groups interested in starting a centre in their local area.

Finally, we again held our annual weekend conference in October 2023 for centres to receive great training and teaching for the work being done across the UK.



'The conference is always a key moment in the year for getting focussed again. Don't think our centre would still be running if I hadn't had so much help and support while at the conference!'

- Centre Leader

# Rising to the Challenge – Centre Impact

We surveyed 20 of our 50 centres and here is a snapshot of all they achieved during 2023:

**1225**

NEW clients seen

**360**

Clients supported following an abortion

**336**

Clients facing an unplanned pregnancy supported

**529**

Clients supported following miscarriage, stillbirth, child bereavement or adoption

**7608**

Sessions spent supporting clients

**176**

Prisoners supported

**6793**

school pupils educated

**2142**

Total client contacts

‘When I started this journey I struggled to even walk through the door but I can honestly say it’s the best thing I have ever done. I’ve battled many demons along the way but with the support of the amazing lady who joined me and carried my precious story, I feel lifted... without these amazing people giving up their time to help and to hold me, I wouldn’t have got here.’

- Centre client





# Rising to the Challenge – Looking to the Future

We are excited to be launching our newly developed ‘Centres Alignment’ this year, as an additional way to build unity and encourage high standards of professional, non-directive care for those who need it most.

As we look to the future, we are turning our focus towards how we engage with churches on the issue of pregnancy crisis and abortion and will increasingly develop this area of our work. Our purpose is to raise further awareness of the issues facing so many women today, and to equip those in churches to respond well, with the aim to see an increase in the number of centres offering a practical response to people within their local community.





# Thank you!

From all the team at Pregnancy Centres Network



## To those who pray

We know the importance of prayer in everything we do.

## To those who encourage

We have felt the support of those around us through a challenging and exciting year.

## To those who volunteer

For offering expertise and knowledge, as well as raising funds.

## To those who give

For our regular and one-off givers, both centres and individuals.

## To corporate givers and trusts

PJ Mear, Captain Ramsden Trust, The GF Macaulay Trust, The Grant Foundation, and The Marsh Trust.

**We thank God for your faithful support.**

If you would like to join our journey and help us provide vital support for women and their partners, please visit us at:

[www.pregnancycentresnetwork.org.uk](http://www.pregnancycentresnetwork.org.uk)



Bradbury House, Durngate Place, Winchester, SO23 8DX

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